



UPCOMING EVENTS

- Daylight Savings ends, 30 October- clocks back 1 hour at 2:00 AM
- Bread Ministry, 1 November 11:30 AM- 1:00 PM, Abby Reinke Center*
- HQ Company Ball, 3 November

A Note from the Commanding Officer

PRE-DEPLOYMENT TRAINING CONTINUES

Dear Family Members, Friends, Marines, and Sailors,

I last spoke with you in July. School was out and summer was in full swing. I trust that each of you had a good summer and is enjoying the transition to Fall. What a great time of year... baseball playoffs, football season, and holidays just around the corner.

Marine Aircraft Wing exercise at MCAS Yuma in December. Members of 1st Medical Battalion will be in the field for two weeks in October. 1st Supply Battalion has multiple field exercises scheduled for October. 1st Maintenance Battalion continues to work multiple shifts in order to keep up with their workload while sending Marines to combat skills training packages. Members of CSSG 15 will deploy to 29 Palms, California in November and December to support I MEF units training at that location. Members of the Headquarters Company continue to guide and coordinate the overall efforts of the various training evolutions, provide required support to augment deploying capabilities, and conduct planning for our pending deployment.

As you know, we are coming into the holiday season. Unless a contingency arises, I intend to ensure that all hands have the opportunity to take a well-deserved break during this period. For those deploying, training should be complete before Christmas leaving a period for pre-deployment leave during January. As we celebrate the Marine Corps birthday on 10 November, let us pause to remember those who have served before us as well as those currently deployed.

One final note: I would like to extend my congratulations to all our newly selected Staff Sergeants. Well Done!

Chaplain's Corner

STRENGTH FOR LIFE'S JOURNEY

Before you read any further, please take a few seconds to evaluate your emotional and spiritual energy levels. On a scale of 1 to 10, with 10 being the highest, how would you rate your emotional and spiritual strength?

Cont, see "Life's Journey," Page 2



LtCol & Mrs. Granata on 1st Maintenance Battalion's Jane Wayne Day- Sept 9.

For some, you know that we currently have CSSG 15 personnel deployed to Iraq in support of 2d FSSG. These personnel are primarily from 1st Maintenance and 1st Supply battalions. I know their family members are counting down the days until their return. If you have any questions or have issues that arise, please do not hesitate to contact your Key Volunteers or command representatives.

In our last letter, I indicated that it was still

too early to tell what the forthcoming year would have in store for the members of CSSG 15. While we are far from any solid decisions regarding deployment dates, many of you will notice that we commenced our pre-deployment training schedule in mid September. This training is designed for those personnel whom we know for sure will deploy in the first rotation. This pre-deployment training in conjunction with our requirement to provide logistics support to other units of the I Marine Expeditionary Force (I MEF) will certainly keep us busy through the end of the calendar year. As an example, members of CSSG 133 and 134 are currently deployed to MCAS Yuma, Arizona through early November. CSSG 133 will support a Third

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UPCOMING EVENTS, cont.

- CSSC-134 Ball, 3 November
- Food Ministry, 9 November 4:00 PM-6:00 PM, MOM Warehouse*
- 1st Medical Bn Ball, 10 November
- Veterans' Day '96, 10-13 November
- Bread Ministry, 15 November 11:30 AM- 1:00 PM, Abby Reinke Center*
- Food Ministry, 16 November 11:00 AM- 6:00 PM, Abby Reinke Center*
- 1st Maintenance Bn Ball, 17 November
- 1st Supply Bn Ball, 18 November
- CSSC-134 Family Day, 23 November
- Thanksgiving '96, 24-27 November
- HQ Company Family Day, 3 December
- Bread Ministry, 6 December, 11:30 AM- 1:00 PM, Abby Reinke
- Food Ministry, 14 December 4:00 PM-6:00 PM, MOM Warehouse*
- Bread Ministry, 20 December 11:30 AM- 1:00 PM, Abby Reinke Center*
- Food Ministry, 21 December 11:00 AM- 6:00 PM Abby Reinke Center*
- Christmas '96, 23-26 December
- New Year's '96, 30-31 December 2005, 1-2 January 2006

CSSG-15 Key Volunteer Coordinator

KEY VOLUNTEER NETWORK UNDERWAY

Now that summer is over and many new families have arrived, I would like to take this opportunity to welcome our newest arrivals to CSSG-15's Key Volunteer Network and convey how excited I am about our program. Each year the Network only gets stronger. We are happy to have spouses who are volunteering for the first time and thankful for those familiar faces who continue to volunteer, bringing their invaluable experience to the KVN.

That said, I would like to introduce two new coordinators. 1st Supply Battalion's Key Volunteer Coordinator is Bonnie Tucker. 1st Medical Battalion's KVC is Lisa Izenberg and she has graciously accepted the 1st FSSG KVC position.

The Key Volunteer Network is an information and resource referral organization. The primary functions of the KVN are to pass information from the Command to the family members of Marines and Sailors and to refer family members to resources as needed.

If you would like to be placed on a KVN email distribution list and begin receiving information from the KVN, you can either contact your unit's Key Volunteer Coordinator or me. Phone numbers are listed at the end of this newsletter. And we are always looking for new volunteers so please do not hesitate to ask about volunteering! Some units even hold informational meetings; please consider attending when they are scheduled. If you are not on a KVN roster, keep this newsletter handy so you will have KVN contact numbers in the event you need them.

In the next few months, you will hear more

about the upcoming deployments and preparations for those deployments. Each unit will soon schedule its pre-deployment brief. Be sure to take note of that information when it becomes available via the KVN website and email. CSSG-15's website is listed under the FYI section of this newsletter.



Now is the time to become familiar with the Key Volunteer Network as well as the numerous resources on and around Camp Pendleton. These resources, along with the KVN, can provide you with information to help prepare your family for deployments, give you the support you need while your service member is away, aid with a smooth return and reunion, and assist you with any guidance you may need regardless of whether or not your Marine or Sailor deploys. I highly encourage you to take advantage of these resources.

On a personal note, I am proud to be of assistance to military families once again. I try to attend as many events as possible- family days, departures, return & reunions, etc.- and I look forward to meeting you. Please do not hesitate to contact me with any questions or concerns.

Christina Galvez
Key Volunteer Coordinator
CSSG-15
[**cssg15kvc@cox.net**](mailto:cssg15kvc@cox.net)

A Note from 1st Maintenance Battalion

FAMILY DAY; JANE WAYNE DAY

Greetings from 1st Maintenance Battalion. Summer is officially over. The kids are back to school, the NFL is fully underway, two local teams- the Padres and the Angels are in the playoffs (of course so are the Yankees), and the NHL is taking the ice for the first time in over a year. While that may interest some of us, most of us are focused on planning and preparations for the upcoming deployment. At

the top of our planning priorities is Family Readiness.

The Battalion had a significant turnover this summer bringing in a lot of new faces to replace the numerous Marines that executed PCS orders, retired, or just moved on. In an

Cont, see "Family Day" Page 5



LIFE'S JOURNEY

Cont from Page 1

Perhaps your score wasn't as high as you would like it to be, as you are feeling pretty drained. We all feel that way on occasion. Sometimes life can seem rather difficult, filled with bumps and turns, steep climbs and valleys. Temptations and insecurities drain our soul of strength and confidence. The stress of an upcoming deployment, or unpleasant surprises in our relationships, finances, and health can wear us down.

The good news, however, is that there is an ever-available source of strength and hope. Strength for life's journey comes from being in touch with an all-powerful and compassionate God. Thousands of years ago, a man named Joshua led a group of people through some very challenging and demanding times. Joshua found his strength by tapping into the overflowing resources of God. God told Joshua, "Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go" (Joshua 1:9).

I don't know about you, but I need lots of strength every day. I need help with the daily temptations and stresses that come my way. I am glad to know that I serve a God who can supply my every need. God is with me and he is with all those who humbly put their trust in him. Do you need strength for life's journey? Look to God above who will generously give you his grace, power, and love to live a joyous and victorious life. Be strong and courageous! Tap into the transforming power of God today and every day.

Blessings,
Chaplain Bob McGaha

A Note from CSSC-134

SADDLE UP!

I'd like to first thank all the Marines and Sailors of 134 making this summer a safe and enjoyable season. You and your spouses deserved a well-rested vacation.

As I look back these last few months, your Marines and Sailors lived up to all my expectations. All their hard work and dedication paid off. They developed and created programs from scratch in preparation for the Commanding General's Inspection. Because of their diligent efforts, we received noteworthy performances from the Inspectors. Their professionalism and loyalty made me proud and privileged to command this unit. **YOU SHOULD BE PROUD OF THEM TOO!**

Your Marines and Sailors have also met physical challenges as well. They showed a lot of heart and stamina during our 6-mile and 10 mile conditioning hikes. With every mile, they demonstrated Esprit De Corps and an attitude of never giving up.

Where do we go from here? Currently, as you know we are supporting the WTI Exercise in

Niland, California supporting an Artillery Battery and an Infantry Weapons Company. This exercise has been scheduled to give your Marines and Sailors the opportunity to do their jobs in a field environment; which they are performing superbly. From the 14-16 October, we will be working at the Miramar Air Show. This is a fun event for military members and their dependents. So, I hope to see you all there. Then, we roll into November for the Marine Corps Ball on November 3d. Your support and attendance at the Ball means a lot to your Marines. Because of the upcoming holidays, we are planning a Family Day Potluck Meal on November 23. This will allow us to get together before some of your Marines deploy to Iraq.

Now, you know what we did and where we're going. But, more importantly, we couldn't accomplish everything we do without your support and dedication to your Marines and Sailors. If the spouses have any questions, don't hesitate to call me or our Key Volunteer Coordinators Mrs. Nereida Cadle and Mrs. Christina Galvez. Thank you and God Bless!

- Bread Ministry, 3 January 11:30 AM-1:00 PM, Abby Reinke*
- Food Ministry, 11 January, 4:00 PM-6:00 PM, MOM Warehouse*
- Bread Ministry, 17 January 11:30 AM-1:00 PM, Abby Reinke Center*
- Food Ministry, 18 January 11:00 AM-6:00 PM Abby Reinke Center

*For more information on the bread and food ministries, please call (760) 908-7043

Expect Soon...

Information on upcoming Pre-deployment Briefs

FYI

- **The CSSG-15 Key Volunteer Network Website** is accessed through the following website address:
<http://www.i-mef.usmc.mil/msc/1fssg/KVN/deployed/cssg15deployed.html>.
- The **1st FSSG Website** can be viewed at
<http://www.i-mef.usmc.mil/msc/1fssg/1FSSGHome.html>.
- **Thank you** to the following who have made donations to the KVN or CSSG-15:
Anonymous individual who donated over 50 care packages to be sent to our Marines and Sailors in Iraq. **Ms. Gump** who donated quilts for families of service members. **Dianne Lampkin** for donating helmet covers and baby sweaters.

FYI, cont.

- CSSG-15's **Chaplain's Office** has its own section on CSSG-15's KVN Website. Look under "CSSG-15 Chaplain" for the Chaplain's newsletter and other messages.
- To see the **1st FSSG organizational chart** along with future name changes, go to the 1st FSSG Website listed above and click on "Here" at the bottom left of the page.
- For those who **operate motor vehicles** aboard MCB, Camp Pendleton, effective 1 October 2005, the Base Commanding General has implemented more stringent penalties for traffic violations. While all the details have yet to be solidified, these penalties include vehicles being towed, removal of DoD stickers, increased suspension of driving privileges, and more frequent trips to the Base Magistrate.
- A note on safety: The **1st FSSG safety office** indicates that the 1st FSSG had 110 DUIs during the past fiscal year. Safety analysts will tell you that the period from now to deployment will be the period of greatest risk for our Marines, Sailors, and families. This is due to increased travel and drinking during the holidays as well as a mindset of "I am deploying, so I need to get the good times in now." Please be careful out there!
- 1st FSSG will be redesignated the **1st Marine Logistics Group (1st MLG)** at a ceremony in front of the FSSG headquarters building on 21 October 2005.

A Note from 1st Supply Battalion

UPCOMING COMPANY FAMILY DAYS

Welcome back! Hopefully all have had an enjoyable summer. I would also like to welcome all the new family members that have joined the Supply Battalion team since our last newsletter.

The summer has been a busy time for our Marines and Sailors. The results of this hard work paid off in Supply Battalion successfully passing our Headquarters Marine Corps Inspector General Inspection and the Marine Logistics Group Logistics Readiness Evaluation. During September, parts of Supply Battalion were heavily engaged in Rear Area Security training. Morale was high for all our Marines and Sailors who described the training as realistic and fun. The bivouac site was "cowboy", meaning, sleeping under the stars without any shelter. The training was capped off with a 5-mile hump on Friday morning. A good week of training that will pay big dividends in the future.

The Material Management Company held their first family day on 1 October 2005. Over 150 Marines and their families and friends attended this event. There was food, games and prizes including events just for the kids.

A Note from CSSC-133

PLAN FOR FAMILY TIME

Fall has kicked off in Yuma and by the time you read this we are wrapping up our first major exercise of the new "Fiscal Year". Six weeks of supply, maintenance, transportation, fueling, air-delivery and helicopter support teams-all done to help prepare the aviation community for future missions in Iraq or elsewhere. By now we are all looking forward to a long weekend off. This is a busy time as we will then turn to focus on our own training-preparing to send about a quarter of our Marines and Sailors out to Iraq in the Spring. Those that remain behind will bear the burden of continued support with fewer in place.

Let me encourage you now to plan your family time. Our schedule is published and available just so we can support this. Priority will go to those deploying, but with prior coordination we will be able to afford everyone the opportunity

Prizes given away included free Birthday Ball tickets and 72-hour liberty passes. Upcoming family days for the remaining Companies are as follows:

Ammo Company	7 October
H&S Company	12 October
MedLog Company	14 October
Materiel Distribution Company	28 October

The Fall season is moving rapidly. Along with the approaching holidays, we are preparing for 1st Supply Battalion's Marine Corps Birthday Ball. This year's ball will celebrate the Marine Corps' 230th Birthday and will be held at the Hyatt, Huntington Beach in Huntington Beach, California. The Marines and Sailors continue to work hard fundraising for what will be an exciting and wonderful ball. Debbie and I truly look forward to meeting all of you at this honored Marine Corps tradition.

Finally, thanks to all the spouses who attended the Key Volunteer introduction meeting that was held on Monday, September 26th. I encourage all who are interested in participating to attend the next KVN meeting held at Bldg 22182 at 6:30 pm on 24 October.

to take time off.

Let me also take a moment and welcome our newest members of the 133-Family, Zoey Schwentner and Isaiah Coronado were both born in August. Congratulations to the Schwentners and the Coronados, both first time parents. Also, congratulations to Corporal Jaime Orozco for earning Regimental Meritorious Corporal. A well deserved and hard earned reward. Finally, thanks for all of the participation at the Ice Cream Social. It was great to see everyone as well as get a little chance to know you. Deborah and I are looking forward to seeing you at the Marine Corps Ball.

Semper Fidelis,
Maj Chuck Sides.

A Note from 1st Medical Battalion

READINESS PROGRAM REGROUPS

Since the last CSSG-15 Newsletter, Medical Battalion's Family Readiness program has been very active in regrouping after a slow summer. The Battalion hosted a very successful Family Fun Day on September 24th at Lake O'Neil. Although it is difficult to know exactly how many family members participated we estimated between 500 and 600 attended through the course of the event. Stephanie and I personally enjoyed meeting many of the family members and welcoming them to our Battalion. There were several activities for children and adults with the tug-of-war, push-up competitions; and the door prize give away as very popular events. MCCS and Family Team Building representatives were present and provided a wealth of information to family members and active duty. Additionally the Health Service Companies set up a Forward Resuscitative Surgical System (FRSS) and a Shock Trauma

Platoon for family members to tour. Due to the efforts of the Battalion's KVC and KVA three new family members have volunteered as KV's. Much hard work went into this event by both Active Duty as well as family members. Thank you all for your efforts in putting together a great event for our families.

The Battalion is currently ramping up for a Training Exercise from 14-28 October, this is our first major event in preparation for the upcoming deployment in early 2006. Once the units are set with their personnel our families will be assigned their KV's and we continue the process of preparing families for the deployments. The next Battalion KV meeting is scheduled for the first week of November. Remember the Battalion's Navy and Marine Corps Birthday Ball is scheduled for 10 Nov at the Pechanga Resort, I am looking forward to another great event.

FAMILY DAY

Cont from Page 2

effort to integrate newly joined Marines and their families we held a Family Day and Car Show on Del Mar Beach. Marines had a chance to show off their ride and enjoy a day under the sun with lots of activities and food for all.

In September we had nearly 50 spouses join their Marine at work for Jayne Wayne Day. Spouses started their

day with a fine Marine Corps breakfast at our Mess Hall after which they were issued utility uniforms, flak jackets and helmets. Once properly clad they spent a day in the life of a Marine. The training included Marine Corps Martial Arts instruction, weapons handling and safety classes, firing the M16A2 service rifle, a demonstration of the Squad Automatic Weapon, and Combat Water Survival Skills. The next big event will be the Marine Corps Birthday Ball to be held in Prim, Nevada on 17 November. Tickets are already on sale so



1stSgt Lamar energizes the Marines and family members of 1st Maint Bn with a set of motivating Marine Corps push ups prior to a fun run under sunny skies of Del Mar Beach to kick off their Family Day extravaganza.

make your plans early as this will be a very memorable event.

The Key Volunteer Network (KVN) has been actively engaged soliciting support as they also prepare for the upcoming deployment. We have added the KVN to the agenda for our New Join Briefs in order to reach all of our Marine Families as early as possible. If you are interested in joining the KVN please contact Rene' Granata at (760) 385-4059 or send her an e-mail at rgranata@cox.net.

Headquarters Co **USMC 230TH** **BIRTHDAY**

"On November 10, 1775, a Corps of Marines was created by a resolution of the Continental Congress. Since that date, many thousand men have borne the name Marine. In memory of them, it is fitting that we who are Marines should commemorate the Birthday of our Corps by calling to mind the glories of its long and illustrious history" (General John A. Lejeune 1921).

To celebrate the Marine Corps 230th Birthday, the HQ Company, CSSG-15 Birthday ball will be held at Pechanga Resort and Casino on 3 November 2005. We look forward to sharing this auspicious day with all of you. We are honored to have Federal Court Judge David Carter as our guest speaker. Judge Carter was a Bronze Star and Purple Heart recipient for his service in Vietnam. This will be a time to remember our brothers and sisters who are currently in harm's way and unable to celebrate with us.

With the pending deployment in support of OPERATION IRAQI FREEDOM 05-07, your Marines and Sailors have been involved in several training exercises, company hikes, and Primary Military Education Schools. The 230th Birthday Ball will be an evening dedicated to celebrating their dedication to duty and remembering the Marines who came before us. I look forward to meeting you all.

Semper Fidelis
Captain Rich Garcia